

6 and 6X: Activist Bonus Self-Empowerment Activities

(Eco-Spiritual Living)



The activities in this course offering are designed to support you in cultivating an eco-spiritual lifestyle. Use them to identify your interests and nurture your talents in the realm of eco-spiritual living. Be the eco-learner and Eco-Mentor you were born to be!

ACTIVITIES IN PART 6 INCLUDE:

- I Am a Spiritual Being
- Experiencing a Sacred Partnership with the Earth
- Do You Organize Your Faith around a Spirit Within?
- Where, in the Universe, Does God Reside?
- Is God a Female? (Seeing the Feminine Face of God in Your Life)
- Religions of the World, Caring for Creation
- When Is Water Wasted: Why Do Religious Organizations Spout Off Over the Privatization of Water?
- From MTV to Vision Videos: Using Images and Story to Inspire a More Spiritual World
- Making Life Fuller, When It Seems Half Empty

- Atoms, Molecules, and Our Eco-Integration
- Lifting Your Consciousness to Allow for Everyday Miracles
- What is Your True Nature?
- Do You Believe in Creationism, Intelligent Design, and/or Evolution?
- The Earth Charter Invites Us to Create Unity and Global Healing
- How Faith Leaders Are Sharing Gifts to Foster Sustainability, Health, and Unity
- Altar Art: Creating Something Beautiful and Sacred for Your Home
- Organizing a Spiritually Uplifting Porchfest

ACTIVITIES IN PART 6X INCLUDE:

- Using Breathwork to Heal the Eight Biggies of Human Trauma
- Where Do You Look, To See the Face of God?
- A New Heaven, a New Earth
- I Am Powerful: Who I Am and What I Do Makes a Difference
- Seeing Life on Earth Through Rose-colored Glasses!
- A Duty to Spread Good News: Responsible Journalism in Irresponsible Times
- 101 Perspectives for Creating Unlimited Health and Wholeness
- Is Spirit Alive and Audible within You?
- What Will Your Legacy Be?
- Making Each Day a Holy Day by Walking in Beauty

- The World Isn't Perfect, Or Is It?
- Seeing Your Beauty, Perfection, and Wholeness in the Mirror of Life
- Is It Time to Gift Yourself a Soul Painting?
- Don't Walk Your Life Path Alone (Choose Your AI Soul Guide)

Learner Objectives:

Become aware of how the imperfect circumstances on the Earth today are perfect for your learning, growth, and evolution. Cultivate your spirituality and your faith in a better future. Explore the ways you can use your gifts in service to your family, humanity, and the planet.

Be inspired to create a more eco-spiritual mindset and lifestyle.

Use your understanding about eco-spiritual living to encourage eco-spiritual awareness in others whose health and well-being you care about.

