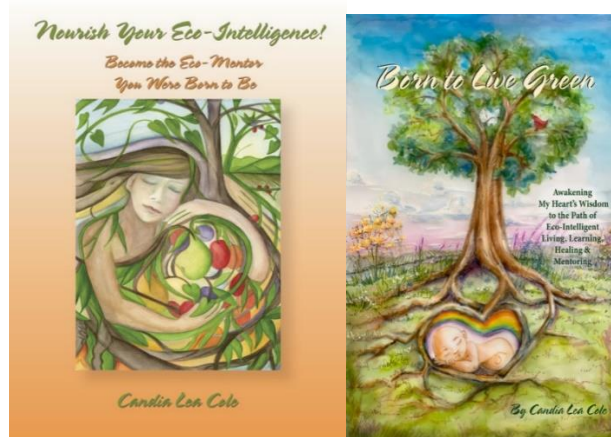


## PRAISE FOR CANDIA LEA COLE'S ECO-MENTOR APPRENTICE TRAINING



### What Participants Are Saying about the Training (which Includes Candis's Eco-Mentor Guidebook and Memoir)



Candia has created a beautiful course with her **Eco-Mentor Apprenticeship Training** online and I feel that what she is teaching is essential in today's world. I commend her on her efforts to educate young adults and hopefully older adults as well. I have always been very sensitive to the kinds of things she talks about in her memoir and Mentor Guidebook, which are integral parts of this training. I have had a difficult time in my life adapting to certain foods and environmental chemicals, as has my mom, who deals with neurological issues. This is one reason I want to be healthy, aware and in control of my surroundings. This is also why I feel very drawn to the work Candia is doing. Her story really resonates with me, and much of the information she is sharing is the like the information I have been learning since I woke up to the reality of my own situation. There are so many similarities in our stories. I find it interesting how the universe sent me in this direction, and I am now in contact with Candia, who I view as an older version of myself. **-Alissa Deck, college graduate and Natural Living and Nature Connection Mentor at 'We Are Wildness'**



Candia, I found your memoir to be very interesting, educational, and spiritually enlightening. It should speak to a wide range of people seeking better health or a healthier planet. You kept the wording very conversational, and it lent to the book's charm. It was almost like reading a letter to a friend or family member. -  
**Valerie P.**



My previous educational experiences have been largely in academic settings where you are asked to digest large quantities of curriculum materials—often written in a boring, uninteresting, and cold scientific manner. There is usually no experiential element to this way of learning. However, participating in Candia's **Eco-Mentor Apprentice Training** has been a pleasure rather than lots of hard work, and, as such, I feel very motivated to pick up the materials and engage with the curriculum. The course messages also deeply connect with me and are aligned to my view of the world, and so it's a breeze learning this curriculum. Obviously, an added positive is that I can fit the course around my work and leisure time at my own time and pace – and because the course isn't 'heavy going' I don't find it a tiresome addition to my existing working week. -**Sasha Gelpi, Director of SG Integrative Wellness, UK (Mental Health Counselor)**



Candia's **Eco-Mentor Apprentice** course, was, I believe, the catalyst that started a long chain of life-changing events resulting in a deeper consciousness of my physical body, a clearer understanding of my awareness of the world and the environments in which I live. It stimulated a deeper awareness in me about how my health and the health of others are intertwined with the health of 'Mama Earth', and it reminded me the value of being in (and reclaiming) a sacred feminine relationship with nature, myself, and the Universe! -**Anndrea Terry, psychotherapist, yoga instructor, and business owner, supporting women's health and spiritual growth**



Candia's **Eco-Mentor Apprentice Training** was very inspirational, especially her memoir. We all need to take greater responsibility for our personal

health care, and Candia is a wonderful example of why and how to do this! Nobody is teaching what she's teaching in the special way that she's teaching it! **-J. O. Medical Intuitive, Healer and Business Owner, Mpls. MN.**



I loved the memoir component of Candia's **Eco-Mentor Apprentice Training**. She has been, and continues to be, on quite a spiritual journey! I was so impressed by the way she took what some would call "negative" or at least, extremely challenging events from her life and showed us how to see them as important in one's healing process.... very inspirational! I thought *the Seeds of Wisdom* THAT she included with each chapter of her book were an important part of her story, as they pulled together for me, the book's wonderful themes. I reread many of them several times to feel the ideas deeper! She has a wonderful ability to tell her story in a heartfelt way. I love how her book was filled with the voice of her own authority as well as expert's knowledge and affiliate websites, so that readers like me could easily explore some "aha's" more deeply.... very well done! **-Ruth Kreibich, School Teacher, Youth Advocate, and Planetary Change-Agent**



Candia, your beautiful books have communicated your message so clearly and brilliantly. Thank you for being part of a growing global effort to expand humanity's consciousness and take us in the new direction that we need to go in! You are "Birthing the new earth consciousness!" **-Barbara Marx Hubbard**



Candia Lea Cole's Eco-Mentor Apprentice Training really helped me to understand the connection between my health and the earth's. I am integrating more eco-conscious lifestyle practices into my everyday life that are based on the need to live in harmony with both. I've gained so much knowledge and wisdom from this training and I'm truly excited to take the next steps in this educational process, which will involve my participation in Candia's Eco-Mentor Activist Training. I wasn't originally planning on doing the Activist training, but it's hard to resist the opportunity now that I'm a graduate of the first training. I want to learn more about why I was "born" to be an eco-mentor and see where my talents as an Eco Mentor lie! **-Maggie Kavanaugh, college student, majoring in Peace Studies and Environmental Studies**



I am very grateful to share in the message that Candia birthed through her life-long self-healing journey, to make her **Eco-Mentor Apprentice Training** possible. She has a profound ability to find depth and meaning in her life experiences, and her ability to connect them to the well-being of the earth and all living things invites great insights. It was truly an honor to read Candia's story and travel with her (if only for a short while) on the Eco-Mentor Apprentice learning journey. She added so much depth and meaning to my own life journey, and I felt encouraged by her to honor my deepest authentic human needs. I will keep in touch with her and recommend her course to other co-creative people that I meet, especially young women like me who may hear the calling to serve as Eco-Mentors in the days and years ahead. I believe that it IS our time to step forward together and BE the transformation we seek. Like Candia, I can feel a lot shifting going on within my body, my consciousness, and the earth itself, to support this idea! Thank you, Candia, for reminding me what a gift it is to be alive on earth, when I honor my innate eco-intelligence, practice gentleness with myself and the world, and lead with my heart! - ***Haley Yseth, Health Enthusiast & Spiritual Empowerment Leader***



What I found so unique and interesting about Candia's **Eco-Mentor Apprentice Training** was the way she wove together her personal story with Mother Earth's story. Her memoir served as an inspiring example of courage in the face of the adversity. It taught me about the power of heart-wrenching self-honesty on the path to healing and feminine eco-leadership. -***Kathleen Richardson, Life-Health-Wellness Advocate***



I want to share first off, that Candia's **Eco-Mentor Apprentice Training** has helped me to remember what has always been important in my life: Practicing a healthful lifestyle and being in a healthy relationship with myself and the earth. I was very inspired when I started the training, to see how it was set up online for easy access and use. It was nice to have both text files to read and audios to listen to, which enhanced the meaning of Candia's words and made her message more absorbable. I think her program is really genius, and I know that I will transfer what I learned from her program to my own life. -***Lucy Franklin, Health Advocate and Mental Health Counselor***



Candia, I finished reading your memoir and I filled out each of the Learner Assessments that went with it, which personalized the teachings in your book. I really enjoyed reading your story and learning about all your “awakenings” on the path to eco-intelligent living, learning, healing, and mentoring. I'm sorry to learn that you had to go through so many difficult periods in your life, but I do believe (as your book illustrated) that the hard experiences that we encounter in life make us stronger and guide us to be better human beings and I know that there is a deeper meaning for everything that happens. Your book opened my eyes to the value of working towards greater health, self-empowerment, and leadership. I wanted to mention to you, that towards the end of your book, where you spoke about ascension and ascension sickness, I was so shocked to hear how much you know about it, and that you've experienced it! I don't personally know of anyone other than my mother who is aware of this and who has experienced it. My mom and I started reading about this spiritual process a couple of years ago when we began delving into metaphysical and spiritual topics, after being away from our religion for so long. We have since come to believe that a lot of the health issues that we both are experiencing (and have experienced) could be related to this phenomenon. (Our issues have never been explained in a satisfactory way to us by allopathic medical doctors.) I was raised to believe that the world, as well as all humans, would one day go through a process of spiritual growth in which we would start the process of raising our vibrations and becoming better human beings, who are able and willing to demonstrate a higher form of love to ourselves, others, and our planet. And, as your book points out, we are all being asked to grow in this new direction. Thank you for sending me your amazing book! Meeting you is another synchronicity in my life that has shown me why we were destined to meet and work together! -*V. Level, Student, Participant*

## **Feedback From Eco-Mentor Apprentice Curriculum Evaluators**



Candia's journey of awakening is one that every woman will be inspired by who is committed to her own personal growth work, and who wants to live her passion and purpose on a grander scale as a feminine leader. She has used her personal health challenges as a catalyst for understanding Mother Earth's health challenges, and for nurturing the personal and planetary relationships that lie at the heart of healing. In her books and training, she passes on the deep feminine wisdom

she recovered through her own self-healing process, to support others in finding their health, strength, beauty, and life purpose as Eco-Mentors. Thanks Candia Lea, for being a true feminine leader! —***Rachael Jayne Groover, Founder of The YIN Project and author of Powerful and Feminine***



Candia, it was a true pleasure to read your memoir and study your Eco-Mentor Mentor Guidebook. It seems to me that these tools would offer fabulous support to anyone with health concerns, or a general interest in cultivating a cleaner, non-toxic, sustainable lifestyle with a holistic focus. It feels like 18–45-year-olds is right for most people for whom these educational tools would appeal, although there might be some younger, especially if they are 1) avid readers, 2) raised by culturally creative parents, and 3) open to life wisdom that draws upon spiritual awareness as well as indigenous and metaphysical awareness. All in all, your curriculum training tools are very well done! You were clearly picked to learn about personal and planetary health so that others could learn from you! Healing blessings to you and the many people whose lives you are destined to touch with your training tools! ***-Ruth Kreibich, School Teacher, and Youth Advocate***



Candia, I think I am an early adaptor to the concept and ideas of holistic living, but I am more of a late adaptor in being an active participant in eco-conscious living with a holistic perspective. It has only been the past year or two that the importance of all of this has really sunk in. I really enjoyed reading your memoir and the teachings presented in your Eco-Mentor Apprentice Training, and I'm truly inspired by the thought of it being part of a legacy to share pass forward to family members and others that are part of our humanity, because, when 'one' person benefits, we all do! Thank you so much for this heart-engaging learning experience that used your healing journey as a tool, to connect me with my own role and function in the world as a feminine leader! ***-Lynn Koll, Parent, Educator, Awesome Women Facilitator, and Planetary Change-Agent***



Candia Lea Cole's Eco Mentor Apprentice Training is an excellent, down to earth, introduction for anyone wishing to learn about the relationship between our less than eco-friendly lifestyles—including the foods we eat and the health care choices we make, and the state of our personal health and planetary well-being. As

you move through the 8-week course and take the time to reflect on your own beliefs and practices in response to the course materials, you will begin to see how deeply connected we are to the natural world around us and recognize how the health of our planet is directly related to our own. I participated in the course and would recommend it to anyone who is beginning to question the dominant medical model of our time and who wants deeper insights into how to address the increasing ecological health concerns affecting both people and the planet. Candia's memoir, a key educational component of the curriculum, offers valuable insights for 'finding the doctor within' and living in an eco-intelligent way. - **Sasha Gelpi, Director of SG Integrative Wellness, UK**



Leaders in today's world are hungering for a "time-out" for deep, genuine, transformative conversation as they prepare to step forward and serve in these times. And the books featured in Candia's **Eco-Mentor Apprentice Training** stimulate that conversation with our families, friends, and communities. In her memoir, *Born to Live Green*, we find a story of personal healing and transformation coupled with an inspired faith that life will go on for future generations. In her *Mentor Guidebook, Bring Back the Earth!* we find a recipe for how to identify the values of a whole and nourished life. We find practices that are deeply rooted in personal and human development which bring together all aspects of our lives with the core principles of leadership. Candia Lea Cole is a visionary practitioner that we can all trust to lead us on the educational path that explores living healthy, whole, and sustainable lives. - **Patricia Neal, Co-founder & CEO Heartland Inc.**



In reading Candia's memoir and *Mentor Guidebook* (the tools of her **Eco-Mentor Apprentice Leadership Training**), I was touched so deeply I wanted to weep -- it was my own voice speaking. How long I have walked this path (84 years now....) and done so many different things to share the eco-consciousness that was rising ever more powerfully in me, through many health breakdowns, choosing to live a life with ecological integrity, taking every possible opportunity to share my knowledge - and it seemed that so few were able to hear. But that is indeed changing. I could go on ad-infinitum, but let it be said that I deeply appreciate the commitment she has made to her work. Though I have written much over the years - much earlier writing focused on the environment, later contributing to national contemplative and spiritual journals, I've thought for a long time about writing a book - and friends keep urging this. I know that what Candia describes in her books has

happened so that we might be Light-Bringers and Way-Showers - and it's not for sissies! I appreciate being able to relax in bed and read, highlighting those things from her books which really speak to me. Candia has inspired me to get back to some of my own creative writing! **-Kelley Kelsey, Environmental Writer, Poet, and Feminine Eco-Leader**



Candia's **Eco-Mentor Apprentice Training** program is very interesting, and I hope to support her and learn more about her gift and offering. She looks like an earth-angel and sounds like one, too. I know that what she is discovering and teaching is the new way for us all! **-Darlene Robbins, Retreat Director at the Earthwalk Retreat**



Candia, congratulations on **“the dream curriculum” materials** that you've birthed into such beautiful manifestations! The content of your curriculum is woven together in such a unique (and “appetizing”) way! In terms of the learning modules, I liked having both an mp3 and pdf options. Your audio recordings are excellent, and your voice is soothing to listen to. I can see that your teachings are designed to encourage and help late adopters get comfortable with (and enjoy) the prospect of eco-intelligent living. However, I can also see that your memoir (when used along with the 6 main learning modules) adds an intriguing dimension to the training that even the most seasoned eco-minded person will appreciate! – **Vonda Vaden Bates, Alliance Builder and Leadership Coach**

